



# Measles is circulating in Salford

## Measles is extremely infectious and can be serious

- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. **Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date**
- If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- Symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- Go to **www.nhs.uk** for more measles information

