

# Parenting Peer support

*“Building a community of parents who can support each other in a non-judgemental, friendly and confidential way. This weekly meeting offers opportunities to share experiences and ideas on our parenting journeys”*

What we can offer:

- A safe place to talk about your children and parenting concerns, tips etc
- Key speakers as available
- Possibility of access to relevant training
- Support from other parents/carers

**Starts 7<sup>th</sup> May**

Tuesdays 9.30am – 11am

St Pauls Church Community Centre  
10 Vicarage Gardens, Walkden M28 3JR

For more information or to book a place, please contact:

Health Improvement Service on

Phone: 0800 952 1000 (freephone)

Email: [Health.improvement@salford.gov.uk](mailto:Health.improvement@salford.gov.uk)

