Resource 1: Feelings match up

Match the similar feelings, then rank them on a scale of intensity.



| <u>happy</u> | concerned | heart-broken | distressed |
|----------------|-----------|--------------|------------|
| <u>sad</u> | cheery | cross | anxious |
| <u>scared</u> | furious | joyful | irritated |
| <u>angry</u> | petrified | upset | forlorn |
| <u>worried</u> | ecstatic | troubled | frightened |