

# Things that may help my child to go back to school

Plan ahead together — try using pictures...

Keep discussions around school positive and open, encourage questions\*

Reassure your child that school is a safe space to be

...the morning routine, their uniform, the journey to school

Not everything will be different - the staff, building and some routines will still be familiar

Focus on what you both can do

It's OK to feel worried about change - let them know that!

Give praise when they talk about a worry



\* Don't feel like you're on your own. Contact School or the EWO Service ([ews@salford.gov.uk](mailto:ews@salford.gov.uk)) for further advice and guidance