



**What difference does
Place2Be make in your
child's school?**

Place2Be is a charity working in schools to improve the emotional wellbeing of children.

How Place2Be works

There is a Place2Be room inside the school where children can go to express and think about their worries, through talking and creative work. Our team supports children by helping them to find ways of coping with difficulties, so they can focus on their learning and building friendships.

"Oh, she has definitely changed...in the way she feels about her school life, her home life, and just the way she is in herself - she is a lot happier."

Parent of child using Place2Be support services

How we help children

Place2Be works with children one-to-one and in small groups, offering regular time-tabled support for those who will benefit most. All pupils can find help with friendship issues, school pressures and other worries. Short lunchtime sessions are open to individuals and to groups.

How we help parents and carers

Parents and carers of children in Place2Be schools can access free advice, resources and services as part of our mental health support for the whole school. Find out more at place2be.org.uk/family.

You are welcome to talk to the Place2Be staff member at your school. Here's who to talk to if you'd like to know more:

place2be.org.uk

Place2Be is a national charity working in England, Scotland and Wales.
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Registered Charity Number: England and Wales 1040756; Scotland SC038649; Company Number: 02876150

Royal Patron HRH The Duchess of Cambridge

